



Ashton Central Swimming Club Newsletter Autumn 2014



Dates for your Diary

Annual Club Gala

The Club's **annual swimming gala** will this year take place on **8th and 9th November 2014 (from 3.30pm)** at Howe Bridge. There will be no swimming sessions at either Ashton or Selwyn Jones on either of these days.

Swimmers are asked not to arrive too early and either to wait outside or upstairs. Please do not cause any obstruction or block any corridors or access.

All swimmers must be up to date with fees to enter. If standing orders have not been increased as requested parents should pay the difference to Nicki Prescott.

Professional photographs will be taken of the swimmers in action at the gala. Any parent not wishing their child to be photographed should alert a committee member asap.

The photographer will be at Ashton 8 till 9 on 13th November to show the photos taken at the gala. He will be in the upstairs room and will show parents the photographs on his computer. If they wish to purchase they are £8 7x5, £10 10x8, £15 A4, £25 A3. 10 percent of sales will go to club funds. LIAKADA PHOTOGRAPHY is the company name. (Stewart Gower is the photographer and he is also a committee member of Howe Bridge Swimming Club.)

Presentation evening

This year the Club's annual presentation evening will take place on **Friday 5th December 2014** at the Rose Centre, Lowton. *As a result there will be no swimming sessions at either Ashton or Selwyn Jones on 5th or 6th December 2014.*

Application forms for tickets are available on the club website and will be given out at the desk at the gala. The last date to hand in the application forms is Friday 14th November. Payment is to be submitted with the application form. (In the event that all the requested tickets can not be met a refund will be given).

It is usual that at the presentation evening a collection be made for the coaches/teachers who give up their time so could parents be prepared to make a contribution on the evening.

Learn To Swim gala

The year's LTS gala will take place on **Friday 21st November (from 6.30pm)** at Selwyn Jones. The gala is open to swimmers from Bottom LTS, Mid LTS, Top LTS and E group, if not entered in the club gala. D group will swim in the annual club gala.

There is no charge for entry and all swimmers will get a medal for participating.

AGM

The club's AGM will take place on **13th December** in the meeting room upstairs at Ashton pool. All parents/ guardians are welcome to attend.

Christmas Holiday closure

The last swim will be on **21st December 2014** and we will return on **Friday 2nd January 2015**. All parents will be sent a text before the recommencement to remind them to change their standing orders for the following year and amount.

AQUATEER ROADSHOW ON SUNDAY 7th DECEMBER 2014

This is an opportunity to take part in a specialist fly training session.

The training will be lead by double Olympian and triple Commonwealth Champion James Goddard.

The session is open to A, B and C group swimmers and will take place at Selwyn Jones swimming pool starting at 2pm.

THERE IS NO CHARGE TO THE SWIMMER FOR THIS EVENT. PLEASE SECURE A

PLACE BY EMAIL w.orr@hotmail.co.uk If there are places left we will open up to other groups.



SWIMMERS WILL BE DIVIDED INTO 2 GROUPS:

2PM UNTIL 2.45 - ALL SWIMMERS TALK WITH JAMES IN THE SPORTS HALL

3PM UNTIL 4PM GROUP 1 - SWIMMING INSTRUCTION IN POOL WITH JAMES GODDARD

4PM GROUP 1 - HOMETIME

3PM UNTIL 3.45 GROUP 2 - LAND TRAINING IN THE SPORTS HALL WITH VOLUNTEER TEACHER

4PM UNTIL 5PM GROUP 2 - SWIMMING INSTRUCTION IN POOL WITH JAMES GODDARD

* Parents are welcome to stay with their child, however if you choose to leave you will need to know which group they are in as there are two collection times.

Fundraising ideas

We are always looking for ideas to boost club funds, keep down the cost of member-ship fees and maybe have a bit of fun at the same time. So if you have any ideas, no matter how big or small, please share your ideas with Cath Touhey.



Your club needs YOU!

There are a number of volunteering opportunities to support your club.

We are looking to fill the following vacancies:

- Club secretary
- Swim 21 co-ordinator
- Website support & development
- Fundraising officer.

If you are interested in helping out with one of these roles and want further information please speak to either Trish Little or Wendy Orr.



Gala News

Mini-league Gala A-Final in Horwich, October 2014. A great effort by all the swimmers. Well done to all the swimmers who contributed to the team over the year in making the A- final and for competing so well on the day.



Forthcoming gala opportunities:

Greater Manchester Age Groups swim - 10th/11th/31st January & 1st February 2015

Wigan Development swim gala - 4th January 2015 (12.30 -4pm). This is an ideal opportunity for those wanting to take part in their first gala and is aimed at c and b group swimmers.

Those interested in either gala please contact Lisa Woods via email lisa.woods1982@hotmail.co.uk for further details or entry forms.

Long distance swim

This a good opportunity for sponsorship. Lisa Woods will be co-ordinating this years long distance swims. These will take place on the following Sundays (3-5pm):

- Nov 16th - C group
- Nov 23rd - B group
- Nov 30th - A and D group

* Every child will need a parent to stay with them to count their lengths!

There will be NO swimming for the other groups on these days at Selwyn Jones.

If your child can not attend the session for their group please contact Lisa Woods.

This is a good opportunity to get sponsored for swimming. You can, if you choose to, swim for your favourite charity or raise funds for your club. For sponsor forms contact Dawn Caldwell.

Volunteers

Do you think you have the skills to teach, do you have the patience to teach, do you have the time to spare?

If the answer is yes please see Paul or Trevor for details of how to join our teaching staff. All training is provided and a DBS check is compulsory.



Committee for 2014

Chairman	Trish Little
Treasurer	Wendy Orr
Secretary	Dee Hilton
Child Welfare officer	Allison Edis
Membership Secretary	Nicola Prescott
Coach Co-ordinator	Paul Eckersley
Team Manager	Shelley Cooper
Equipment Officer	Dave Bullock
Swim 21 Co-ordinator	Sarah Green
Fund Raising Officer	Cath Touhey
A group Representative	Peter Hart
B group Representative	Angela Hart
C Group Representative	Sarah Bancroft
D, E & LTS representative	Dawn Caldwell

Please see your group representative in the first instance if you have any queries. If you need to speak to your child's coach would you please wait until the end of the session.

Social networking sites can be a good way of contact for all, however it can also be the cause of upset and distress when used inappropriately. Please remember that



your posts are often read by many who are not always aware of all the facts. When this happens it is easy to give the wrong impression, bringing the club into disrepute.



Rule 3.6 states: The Club may refuse membership for good and sufficient cause, such as conduct or character likely to bring the Club or the sport into disrepute. It would be most regrettable if the use of this rule was required in order to safeguard our swimmers or coaching staff.

We would therefore respectfully ask that rather than air any issues you may have on this very public forum that you address issues through the correct channels.

The channels open are:

Child Welfare: Child Welfare Officer

Coaching issues: Session coach or lead coach

Swimmers behaviour: Session coach / lead coach or Child Welfare officer

Committee Issues: Group representatives, Secretary or Chairman@ashtoncentral.co.uk

Swim Session Times

A Group	Wed 8-9pm	Selwyn Jones
	Thu 8.30-9.30pm	Ashton
	Sat 10-11am	Ashton
	Sun 3-4pm	Selwyn Jones
Top B	Wed 8-9pm	Selwyn Jones
	Sat 8-9am	Ashton
	Sun 3-4pm	Ashton
B Group	Fri 7.30-8.30pm	Selwyn Jones
	Sat 8-9am	Ashton
	Sun 3-4pm	Ashton
Top C	Fri 7.30-8.30pm	Selwyn Jones
	Sat 9-10am	Ashton
	Sun 4-5pm	Selwyn Jones
C Group	Thu 7.30-8.30pm	Ashton
	Sat 9-10pm	Ashton
	Sun 4-5pm	Selwyn Jones
D Group	Fri 6.30-7.30pm	Selwyn Jones
	Sun 3-4pm	Selwyn Jones
E Group	Fri 6.30-7.30pm	Selwyn Jones
Junior Swimmers	Fri 6.30-7.30pm	Selwyn Jones
Masters	Tues 8.00-9.00pm	Ashton

Club equipment

If you require new club kit details can be found on the club website or speak directly to Dave Bullock or email him direct on david@sewingcentre.co.uk

Fins - we also recycle swimming fins. If you have any unwanted fins that have got too small we will take them off your hands and make them available to other members for a small contribution of £5 which again goes towards club funds. Please see Cath Touhey who will be able to advise you.

Session Start Times

Can we remind swimmers that it can be unsafe to join a session after the warm up has commenced. It has been noted recently that a number of swimmers have been late for the start of the session, if the session coach feels it is unsafe to allow you to swim you will not be allowed into the water.



Parents or guardians from swimmers in B group and below are reminded to attend and stay poolside with their child.

Child Welfare

Allison Edis is the Child Welfare officer for the club. Allison can be contacted via enquiries@ashtoncentral.co.uk